Speech to Develop Body Language

Speaking with the Entire Body

Time Limit: 3-4 minutes

Student Expectations:

In completing this speech, each student will …

- prepare an organized speech;
- speak loudly, clearly, and with pitch;
- give eye contact to the entire audience;
- use body language to convey the message;
- and present with enthusiasm, emotion, and energy.

Purpose:

To learn to speak with your entire body.

Explanation:

- In this speech, your body will aid in assisting you to communicate in a manner that fulfills your purpose - you will be performing a teaching demonstration.
- You will employ successful and meaningful body language, which all speeches should have.

Choosing a Topic:

- Your teaching demonstration must utilize your body, not props or other physical aids.
- Sign Language, self-defense, physical therapy, rollerblading, referee signals, sporting techniques, CPR, playing a musical instrument, dancing - these are all great examples of what you can teach during your demonstration.
- Ask yourself what you know how to do that others may not.
- Stick to your topic, don't change it.

Preparing:

Your purpose is to teach your listeners in such a way that they understand what you are talking about.

- Complete universal outline form.
- Practice the movement, especially the ones that will demonstrate your information the best.

Presenting:

- Teach, in detail, using your body.
- Bodily action should be free, relaxed, and easy.
- Present your ideas clearly and slowly, then use your body to demonstrate what you're talking about.
- Don't be shy; be proud and teach us something.

*Have the class stand up to participate in your process.